

Fostering Family

NAVIGATING ONLINE SCHOOLING: TRISH LOPEZ, TEENIORS

More resources available at fosteringfamily.com

COMMITTED WORKSPACE FOR LEARNING

Dining room tables get used by so many other activities that it's distracting.

AVOID DISTRACTIONS

Students can't focus if there's something else going on nearby like television, activity, or a lot of talking.

SCHEDULE BREAKS

Students feel less overwhelmed when they know a scheduled break is coming.

LISTEN IN ON THE CLASS (WHEN POSSIBLE)

You will know what work is being expected, when breaks start/end, and are much more in tune with what is going on. Use headphones only when necessary.

TIMER OR ALARM

Use a timer or alarm for breaks between classes.

LEARN THE ICONS

Become familiar with the programs your student is using. Know how to open, close, mute, etc...

OTHER APPS CAN HELP

Desmos Graphing Calculator and Quizlet for Vocabulary are good examples.

KEYBOARDS ARE IMPORTANT

Using a tablet is great except when it comes to writing. Pick up an inexpensive bluetooth keyboard.

OVER-THE-EAR HEADPHONES

Insert headphones are uncomfortable for extended usage. If headphones are needed, over the ear headphones are preferable.

VIRTUAL HELP IS AVAILABLE

If you are part of the Fostering Family program, schedule free support from Teeniors by emailing teeniors@gmail.com.

INTERNETESSENTIALS.COM

Affordable internet for low-income households from Comcast. \$10/month.

NEED A DEVICE?

Teeniors will help you get the device you need.